# **RECIPES**

# IF YOU HAVE ANY YOU WOULD LIKE TO SHARE PLEASE TEXT THEM TO ME INCLUDE YOUR NAME AT 814-648-0747



NOURISHING OIL SUPPLEMENT FOR HEALTHY COAT, SKIN & JOINTS

> 1/4 CUP OLIVE OIL 1/4 CUP CANOLA OIL 1/4 CUP COD LIVER OIL 1/4 CUP FLAX SEED OIL

PLACE OILS IN BOTTLE AND SHAKE WELL. STORE IN REFRIGERATOR. ADD TWO TSP TO THE DOG'S FOOD EVERY DAY.

CAN BE ADDED TO DRY FOOD AS WELL.

### **Homemade Dog Treats**

#### Cheese Bone Dog Cookies

2 c. unsifted all-purpose flour 1-1/2 c. shredded cheddar cheese 2 cloves garlic, finely chopped

1/2 c. vegetable oil 4-1/2 T. water (up to 5 T.)

Preheat oven to 400°F. Make a cardboard pattern of a dog bone, 4" long, or use a dog-bone cookie cutter. Combine flour, cheese, garlic and vegetable oil in container of food processor. Cover, whirl until mixture is consistency of coarse meal. With machine running, slowly add water until mixture forms a ball. Divide dough into 12 equal pieces. Roll out each piece to 1/2" thickness. Cut out bones. Transfer to ungreased cookie sheet. Do not re-roll scraps. Bake 10-15 minutes until bottoms are lightly browned. Cool, then refrigerate in airtight container.

#### **Homemade Dog Treats**

**Beth's Frosty Paws** 

32 oz. vanilla yogurt

2 T. peanut butter

1 mashed banana or 1 large jar baby fruit

2 T. honey

Mix all together in food processor or with mixer. Pour into 3 oz. plastic bathroom cups and freeze until hard. Defrost slightly to serve. Makes 14-15 treats.

Liver Bark

1 pound liver

Salt

1 c. whole wheat flour

Garlic powder (1 t. - 2 T.)

Puree liver and juice in blender. Add flour and seasonings. Spread on well-greased cookie sheet till about 1/2" thick.

Bake at 350° for 15-20 minutes. Cool. Cut into squares.

Anne Marie Silverton's Liver Treats

1 pound liver (beef, pork or chicken)

1/2 - 3/4 c. water

1 c. cornmeal 1 c. flour

1/4 c. wheat germ 2/3 T. garlic powder

Variation - add 1 grated carrot & 2 T. peanut butter

Puree liver in food processor until mushy. Place liver in bowl and add remaining ingredients. Stir. Spread evenly on

well-greased cookie sheet. Bake at 325° for 18-22 minutes. Cool and cut.

NOTE: Patti likes to microwave these after baked to dry and preserve.

# 1. Meat Loaf Masterpiece

## Ingredients:

- 3 quarter cups of shredded vegetables (your choice, but variety is better)
- 2lbs of ground beef
- 2 eggs
- ½ cup of cottage cheese
- 1 ½ cups of old-fashioned oatmeal
- 1 tbsp. ground-up flax seeds

### **Directions:**

- Preheat oven to 350°.
- Mix all ingredients together in a large mixing bowl.
- Lightly coat two meatloaf pans with olive oil.
- Place ingredients in pans.
- Bake in the oven for 40 to 45 minutes.
- Cool and serve.

## Homemade Dog Food for Small Dogs Turkey Dinner

## Ingredients:

- 1 pound of ground turkey
- 2 cups of brown rice
- 1 cup of carrots, chopped
- 1 cup of green beans, chopped
- 1 tablespoon of fish oil
- 4 cups of water

### Directions:

- Cook ground turkey over medium heat until browned.
- Add brown rice, turkey, and water to a large pot and bring to a boil.
- Reduce heat to medium-low and cook for 15 minutes.
- Add carrots and green beans and cook for 5 to 10 minutes more.
- Cool and serve.

# A BEEF HOTDOG CUT UP TO 80 PIECES WORKS GREAT FOR A TRAINING TREAT.



#### **Homemade Dog Treats**

**Liver Brownies** 

1 package Martha White Corn Meal Mix

1 lb. chicken or beef liver

1 t. Garlic Powder - optional 2 t. Parsley Flakes - optional

Place all in food processor and blend. Pour into greased 9x9x1 pan and bake at 350° for 40 minutes.

Cool and cut into tiny squares. Using a 9x13 pan makes thinner brownies; bake for less time.



#### **Homemade Dog Treats**

Cindy's Dog Treats

1 sm. iar baby food meat (any flavor)

4 T. nonfat powdered milk

7 T. wheat germ

Combine all ingredients. Drop by teaspoonfuls onto ungreased cookie sheets. Flatten slightly with fork. Bake @ 350° until lightly browned. Let cool, then serve. These get very crunchy as they get older.

Patti's Puppy Biscuits

2-1/2 c. whole wheat flour

1/2 c. powdered dry milk

1/2 t. salt

1/2 t. onion powder

1/2 t. garlic powder

1 t. brown sugar, packed

6 T. margarine, shortening or meat drippings

1 egg, beaten

1/2 c. chicken or beef broth (ice cold)

Preheat oven to 350°. Combine flour, dry milk, salt, onion powder, garlic powder and sugar. Cut in shortening until mixture resembles cornmeal. Mix in egg. Add enough broth so that mixture forms a ball. Pat out dough 1/2" thick with your fingers on lightly oiled cookie sheet. Cut with cookie cutter and remove scraps. Pat out scraps and proceed as before. Bake for 25-30 minutes. Remove from oven and cool on cake rack.